



# School Prayer Book

## Year 1

### **What is prayer?**

We pray when we talk and listen to God.

There are many different prayers we can use.

We can pray privately on our own or we can pray with others in a group.

We can pray within our family or with our friends.

### **Where can we pray?**

We can pray anywhere: in church, at home, at school or any other place such as while travelling or waiting somewhere.

God is always ready to listen and talk to us.



### **Sign of the Cross**

*The sign of the cross is our most special Christian sign. We make the sign of the cross at the beginning and end of many things we do.*

In the name of the Father and of the Son and of the Holy Spirit.

Amen



## Hail Mary

*The first part of the Hail Mary was said for the first time by the Angel Gabriel. The second part was said by Elizabeth when Mary went to visit her.*

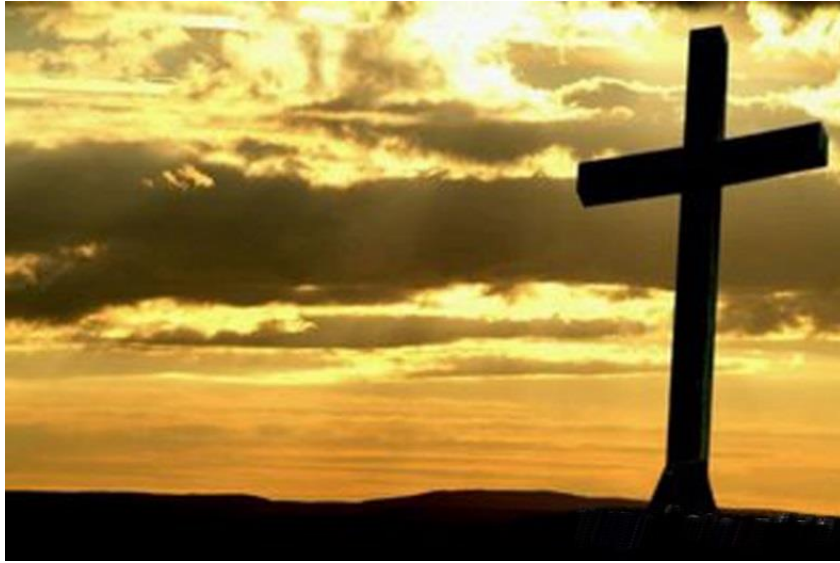
Hail Mary, full of grace, the Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners now and at the hour of our death.  
Amen



## Our Father

*When one of the disciples asked Jesus how to pray, He taught us the Our Father prayer.*

Our Father,  
Who art in heaven,  
hallowed be Thy name;  
Thy kingdom come;  
Thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen



**Morning Prayer**

Father in heaven, I give to you,  
All I think, and say, and do.  
All my work and all my play,  
I will give to you today.

Amen



**Prayer before lunch**

Bless us, O Lord,  
as we sit together,  
Bless the food we eat today.  
Bless the hands that make the food  
Bless us, O Lord.

Amen

**Prayer for Peace**

God our Father,  
lover of all nations, we pray for peace:  
peace in our hearts and in our homes,  
peace among nations and in our world.  
Amen



**Home time Prayer**

God our Father, we come to say  
thank you for your love today.  
Thank you for my family  
and all the friends you give to me.  
Guard me in the dark of night  
and in the morning send your light.  
Amen

## Glory Be

*In this prayer, we praise the Holy Trinity: God the Father, God the Son  
and God the Holy Spirit.*

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen



## Prayer to my Guardian Angel

*God gave each one of us an angel to look after us. We cannot see him but we can pray to him. This is a prayer to your Guardian angel.*

Angel of God  
my Guardian dear,  
to whom God's love commits me here.  
Ever this day be at my side  
to light and guard,  
to rule and guide.  
Amen

